

# The Children's Center Connection September 2022



## Focus on Family Facts

The Diversity, Equity and Inclusion Committee is busy at work and is excited to introduce one of the goals of our anti-bias work. The first goal, identity, is for children to demonstrate self-awareness, confidence, family pride and positive social identities.

The "Family Facts" form that is completed at enrollment is one way that we get to know children better. When a child is a dual-language learner, we want to incorporate home language in the classroom. We want to know about customs, traditions and holidays so we can talk about them in the classroom. We want our books and images to reflect the children and families in our center and in our community. This includes family structure (grandparents who raise grandchildren, single parents, same-sex parents, families who adopt or foster, etc.). The Family Facts form is a rich source of information. Please feel free to update the form with your child's teacher or complete a new one (attached with the newsletter).

Each month, we will devote a column to our on-going work. We look forward in October to reporting results and learnings from our staff retreat planned for September 24th.

Welcome to parenthood.

Your outdoor rocks are  
indoor rocks now.



### Important Dates To Remember

September 5  
Labor Day  
Center Closed

October 7  
Harvest Fest Party  
4-6 PM

October 28  
Picture Day  
All Classes



3 Wild Rainbows  
@wildrainbow2

I'm sorry I'm late, my 3yo decided his shirt was too blue.

## Parent to Parent

Throughout the years we have fielded questions on how to handle various issues and situations with children. Many parents experience challenges with feeding, sleep schedules, biting, separation, defiant behavior, temper tantrums, toileting, developmental delays, inappropriate language and more. We invite you to be part of our quarterly series on responding to common childhood dilemmas. A group of our staff, seasoned parents and early childhood professionals, will guide discussions and share their real world experience. The initial session is scheduled for Thursday, September 29th at noon on Zoom and we will begin with an overview of parenting styles. Our first hot topic is sleep. Please let us know if there are burning topics that you would like us to include in upcoming meetings. Mark your calendar and be on the lookout for a Zoom invitation.

## Holiday/Center Closing Dates 2022-2023

September 5, 2022	Monday	Labor Day
November 24, 2022	Thursday	Thanksgiving Day
November 25, 2022	Friday	Thanksgiving Break
December 23, 2022	Friday	Christmas Holiday
December 26, 2022	Monday	Christmas Holiday
December 30, 2022	Friday	New Year's Holiday
January 2, 2023	Monday	New Year's Holiday
January 16, 2023	Monday	Martin Luther King, Jr. Day
February 20, 2023	Monday	President's Day
April 7, 2023	Friday	Good Friday
April 21, 2023	Friday	Staff Professional Development Day
May 29, 2023	Monday	Memorial Day
June 2, 2023	Friday	*4:00 PM Closing (Graduation & Picnic)*
June 19, 2023	Monday	Juneteenth
July 4, 2023	Tuesday	Independence Day

## Center Events 2022-2023

September 6, 2022	Tuesday	Expressive Arts Enrichments Begin
September 29, 2022	Thursday	Parent to Parent Zoom (more to come in 2023)
October 7, 2022	Friday	Harvest Fest Party 4:00-6:00 PM
October 28, 2022	Friday	Fall Pictures
October 31, 2022	Monday	Costume Parade 4:00 PM (Spaghetti Dinners)
November 2022	Mon-Friday	Parent Teacher Conferences (Dates vary by classroom.)
December 2022		Holiday Cookie Dough Fundraiser
December 14, 2022	Wednesday	Holly Jolly Sing-A-Long
April 3-6, 2023	Mon-Thu	Week of the Young Child
April 2023	Wed-Fri	Spring Pictures
May 1-5, 2023	Mon-Fri	Staff Appreciation Week
May 26, 2023	Friday	Family Appreciation Day
June 2, 2023	Friday	Penguin Graduation 4:00 PM
June 3, 2023	Saturday	Walk for Hunger

*Dates and events are subject to change. Additional events will be announced in the newsletter.*

# Expressive Arts are Back!

Our Expressive Arts program kicks off on Tuesday, September 6th. This fall, we offer Signing, Stories and Songs, Art and Twisting with Tonya. On Friday mornings children attend Chapel to sing, dance and rejoice. Ms. Tonya will lead enrichments this fall and Ms. Wendy will lead Chapel Time.

Signing, Stories and Songs includes American Sign Language and Baby Signs, stories, songs and props to help the children develop simple sign language skills. FBC's organist is on the schedule to show the children all the pedals and pipes of the amazing organ in the sanctuary. All rooms in the center will participate in Signing, Stories and Songs.

In Art Enrichment, Butterflies up to Penguins will explore important beginning visual arts concepts such as lines, shapes, texture and colors using paint, paper, clay, collage materials and more.

During Twisting with Tonya, children in the Turtle through Penguin classes will use their bodies to experiment with ways of moving. Concepts of over, under, around and through are just some of the cognitive associations with movement. Self-regulation is also a key concept as children follow instructions with directions such as fast, slow, stop and go.

We are excited that the Expressive Arts program is back in full swing.



## Expressive Arts Schedule Fall 2022

	Monday	Tuesday	Wednesday	Thursday	Friday
	Signing, Stories and Songs	Signing, Stories and Songs	Art	Art	Chapel and Twisting with Tonya
9:30					Chapel
9:55 - 10:20	Penguins	Butterflies	Penguins	Butterflies	
10:20 - 10:45	Penguins	Turtles	Penguins	Turtles	Turtles
10:45 - 11:10	Seahorses	Pandas	Seahorses	Pandas	Pandas
11:10 - 11:35	Seahorses	Chicks	Seahorses	Pandas	Seahorses
11:35 - 12:00		Poon Bears			
				Twisting with Tonya	
3:15 - 3:40	Whales		Whales	Penguins	Whales
3:40 - 4:05	Whales		Whales	Penguins	Whales

Enrichment schedule subject to change



# September Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 Chicken tenders corn, wheat roll and melon	2 Build your own salad, turkey, cheese, crackers and apples	3 Orzo pasta and chicken, broccoli and pineapple
5 CENTER CLOSED	6 Grilled cheese and tomato soup, apples	7 Cheese ravioli, red pesto, green beans and oranges	8 Veggie nugget, mashed potatoes, corn and melon	9 Ham and cheese on a wheat bun, cucumbers and banana
12 Rice with ground beef, peas and apples	13 Corn chowder and potato soup, crackers and oranges	14 Beef ravioli, red sauce, salad and peaches	15 Stir fried chicken w/ rice, mixed vegetables and apples	16 Fish on a bun, carrots and grapes
19 Cheese quesadillas, corn salsa, apples	20 Beef veggie soup w/ noodles and oranges	21 Orange chicken, rice, mixed veggies and melon	22 Meatballs and gravy w/ noodles, mixed veggies and bananas	23 Hot ham sandwich on wheat, apples and carrots
26 Chicken Alfredo, w/ pasta, green beans and bananas	27 Chicken and dumpling soup, carrots and oranges	28 Macaroni and cheese, cantaloupe, and carrots	29 Beef noodle, mixed veggies and apples	30 Chicken patty, carrots and bananas



Organic skim milk is served with lunch for children 2 years and older.  
Organic whole milk is served to children under 24 months of age.  
Menu is subject to change.