

The Children's Center Connection

March 2019

Parent Survey

Our annual parent survey is ready for distribution. This year we are using a Center created assessment. Family surveys are designed to gather family perspectives about the care we provide. Your feedback helps our efforts to develop and improve program quality. The results are also used as we create our annual Continuous Improvement Plan. You'll find the survey attached with this newsletter. The surveys will be sorted by classroom and individual responses remain confidential. Additional surveys are available at the main entrances and in the office. Boxes for completed surveys can be found at each entrance. We would like the surveys returned by March 15th.

Results and plans for improvement will be shared in an upcoming newsletter.



Parent Involvement at FBCCC

Meaningful family engagement in children's early learning supports school readiness and later academic success. Parental involvement is a critical element of high-quality early care and education. Several ongoing opportunities are available for parents who would like to participate with short term events or projects.

Project 1-Staff Appreciation Parent Task Force-This group helps to coordinate parent participation in Staff Appreciation Week, May 6-10.

Project 2-Playground Fundraising Committee-This group will help plan and organize fundraisers to improve our outdoor areas.

The Parent Task Forces will meet on Wednesday, March 20th at 5:30 PM (Staff Appreciation) and/or 6:00 PM (Playground Fundraising) in Bell Dining Room. Please let us know if you plan to attend or are interested in helping in these worthwhile endeavors.



A Sustainable 4 Leaf Clover

In honor of St. Patrick's Day and the "green" month of March, we present a sustainable 4 leaf clover. The first leaf stands for Hope: Always hope for a positive outcome and don't lose sight of things to come. The second stands for Faith: Have faith in the truth of an energy efficient idea, concept or practice. The third stands for Love: Love your life, your business and love our planet. Finally, the fourth stands for Luck: Create your own pot of gold. The actions we take today create our tomorrow!

Important Dates To Remember

March 10
Daylight Saving Time Begins



March 20-5:30 PM

Parent Task Force
Playground Improvement Project and
Staff Appreciation



April 19
Good Friday
Center Closed

April 26
Professional Development Day
Center Closed

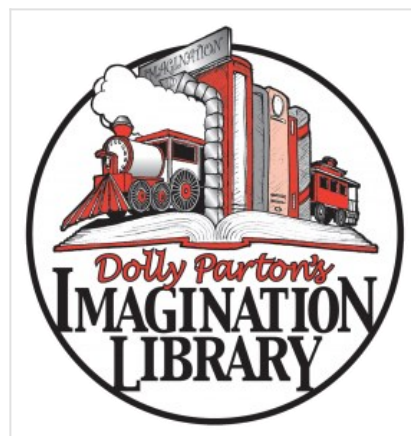
Imagination Library

Enrollment Forms Available in Office

The Dolly Parton Imagination Library is a unique early years book gifting program. The organization mails a brand new, age-appropriate book to enrolled children every month from birth until five years of age. Individual libraries with as many as 60 books help instill a love of books and family reading from an early age.

All children from birth to age five who live in the following communities/school districts are welcome to register for the Imagination Library program courtesy of the Bruening Foundation, United Way of Greater Cleveland, the William M. Weiss Foundation, the Heights Family Foundation, St. Luke's Foundation, Sisters of Charity Foundation of Cleveland, and Third Federal Foundation:

- Bedford
- Cleveland (zip codes: 44103, 44104, 44105, 44106, 44108, 44112, 44115, 44119, 44120, 44127, 44128)
- Cleveland: Residents of Central Promise Neighborhood (zip codes: 44103, 44104, 44115)
- Cleveland Heights
- East Cleveland
- Euclid
- Garfield Heights
- Maple Heights
- Shaker Heights
- University Heights
- Warrensville Heights



Nut-free Zone Reminder



Peanut allergy is common in children and the most common cause of death related to food allergy in North America.

We make every effort to avoid any accidental exposures at the center. One way we do this is by not serving peanut or tree-nut products. Another is by not allowing families to bring in any products containing nuts (peanuts or tree nuts) into the center.

As a reminder, our policy states: The Center requests that parents refrain from bringing food from home. Many children have food allergies and sensitivities that are triggered by eggs, wheat, dairy, nuts, etc.

Thank you for helping to keep our children safe.

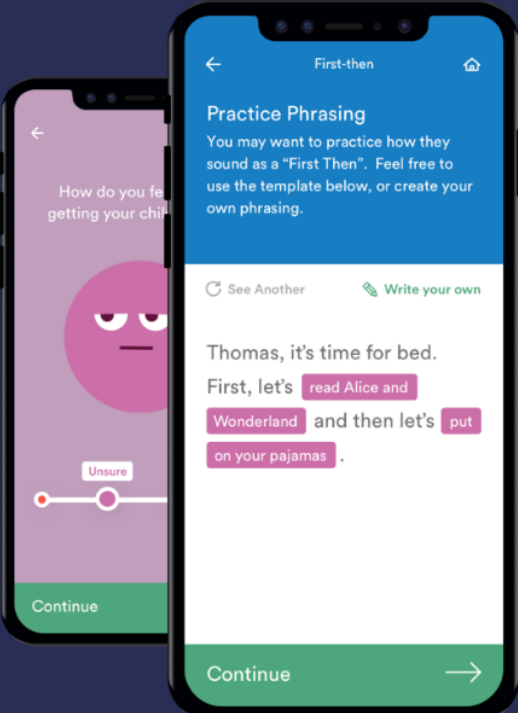


FBC is offering a Cherub Choir for children ages 4-5 on Thursdays from 5-5:20pm. They are hoping this will be an enrichment to your children and a convenient after school activity. Children will sing, dance, and play instruments. They plan to sing once each month during the school year for worship at First Baptist Church along with the FBC Children's Choir. The first song is a medley of "He's Got The Whole World In His Hands" and "Jesus Loves the Little Children". The choir is led by Stephanie Price, Director of Music at FBC, and Barb Lang, a piano teacher in Shaker Heights who is retired from teaching music at Laurel School. They hope to meet you this week in Miss Monica's Expressive Arts Classroom (202).

There is no cost for the program. Parents would need to pick up their children from Center care and take them to the Cherub Choir.

Parachute for Parents

We are sharing a resource to help families learn research-backed tactics to solve common parenting struggles. *Parachute for Parents* is a mobile app that puts a parenting expert on your phone. The app is available for iPhone and Android. We learned about the app from Committee for Children, the group that produces *Second Step*, a program we use for social-emotional learning.



The image shows two smartphones. The foreground phone displays the 'Practice Phrasing' screen of the Parachute app. The screen has a blue header with a back arrow and a home icon. Below the header, it says 'Practice Phrasing' and 'You may want to practice how they sound as a "First Then". Feel free to use the template below, or create your own phrasing.' There are two options: 'See Another' and 'Write your own'. The main content area shows a sample phrasing: 'Thomas, it's time for bed. First, let's read Alice and Wonderland and then let's put on your pajamas.' The words 'read Alice and', 'Wonderland', 'put', and 'on your pajamas' are highlighted in pink boxes. At the bottom, there is a green bar with the word 'Continue' and a right-pointing arrow.

Parachute is the first mobile app that puts a parenting expert on your phone.

Parachute helps you tackle everyday parenting struggles, from bedtime battles to major meltdowns. Parachute contains easy-to-follow videos utilizing the latest research in childhood development, as well as exercises to customize the strategies to your family. Our techniques are designed to help parents like you build a stronger and more cooperative relationship with their children.

March 2019 Lunch Menu

MONDAY



TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

4
Potato Zucchini
latkes, turkey
sausage, apple sauce

5
Potato soup, corn,
carrots and apples

6
Turkey noodle
casserole, mixed
veggies and oranges

7 VIP CAMERON
Meat sandwich on a
bun , cucumbers
and grapes

1
Sloppy Joes on a
bun, carrots and
oranges

8
Chicken patty on
a bun, carrots
and oranges

11
Mushroom
tetrizzini, noodles,
green beans and
apples

12
Tomato soup,
grilled cheese
sticks and oranges

13
Mac and cheese,
carrot and melon

14 VIP SHANNON
Chicken, mashed
potatoes , green
beans and grapes

15
Meatballs sub,
cucumbers and
oranges

18
Tortellini w/ green
pesto, green melon
and green salad

19
Beef and barley
soup, carrots and
apples

20
Curry chicken and
rice, broccoli and
oranges

21 VIP LEE
Salmon cookie,
green beans and
oranges

22
Fish nugget,
fries and slaw
and bananas

Dinner: Pizza, salad
fruit and desert

25
English muffin pizza,
salad and melon

26
Ham and au gratin
potatoes, green
beans and melons

27
Orange chicken and
rice, green beans
and apples

28 VIP JACK P.
Spaghetti w/ meat
sauce, cantaloupe,
and peas

29
Cheese
quesadillas w/
black bean and
corn salsa and
oranges

Dinner : Taco night



Organic fat-free milk is served with lunch for children on the second floor.
Organic whole milk is served to children on the first floor.

Menu is subject to change.