



The Children's Center Connection January 2019



Kindergarten Information Fair



All families are invited to our fourth annual Kindergarten Information Fair on Wednesday, January 23th. Join us in Spahr Center anytime from 4:00-6:00 PM. Local public, private and parochial schools will be represented. A representative from each school will be available to answer questions about their program and general questions about kindergarten readiness. This is a great opportunity to visit several schools at one time. Children are welcome to attend with parents. Come to the fair and afterwards join other families for Chef Faith's Wednesday dinner. She is planning on serving her famous grilled cheese sandwiches and tomato soup!

able to answer questions about their program and general questions about kindergarten readiness. This is a great opportunity to visit several schools at one time. Children are welcome to attend with parents. Come to the fair and afterwards join other families for Chef Faith's Wednesday dinner. She is planning on serving her famous grilled cheese sandwiches and tomato soup!



It's that time of year when we look back at the past year and formulate a plan to make the New Year even better. Resolutions are a part of our hopes and dreams for each New Year. Let's try this time to focus on ones that are not only possible, but more importantly are **Green** so as to inspire others.

A few suggestions...

Re-use what you have before buying new

Become a **Green** Monster...opt for eco-friendly choices

Grow a **Green** Thumb

Happy New Year from all of us at The Children's Center!

Center Closing/Delay Start Plan

With the onset of cold weather, you may have questions in regard to when we might close and how you would be notified. We make our decision to close The Children's Center independent of the school districts. The center closes in extreme cases like loss of heat, power or water. Weather related closings are unlikely, unless there is significant risk for automobile travel.

If the Center needs to delay our start of care or close, families are notified in a variety of ways. An email blast will be sent to parents on our distribution list. The major school closing networks will be alerted. We are listed as **First Baptist Children's Center**. We will also post it prominently on our page of the church website, www.firstbaptistcleveland.org and on our Facebook page. If you follow us on Twitter, you may even get a tweet!

Depending on weather severity and the forecast, we may post a delayed start, close for the day or close early. We try to give as much notice as possible, but sometimes severe storms sneak up on us.

Dates to Remember

January 1
New Year's Holiday
Center Closed

January 18
Pajama Day

January 21
Martin Luther King Jr. Day
Center Closed

January 23
Kindergarten
Information Night

How Sick is Too Sick for Child Care

The winter weather causes us to spend a lot of time indoors. This leads to an increase in germs. Common childhood illnesses are often more prevalent in the winter months.

Children will be sent home if they have the following symptoms: vomiting, diarrhea, severe coughing, difficult or rapid breathing, conjunctivitis, yellowish skin or eyes, stiff neck, unusually dark urine and/or white-gray stool, undiagnosed rash or infected skin patch. Children are not sent home with a low-grade fever (under 100°) unless accompanied by another symptom. Often the teachers will call to let you know that your child is not feeling well. We then watch your child for worsening symptoms. When your child is sent home, he may not return until symptom-free for 24 hours (without the use of fever reducing medication.) This means that if you pick up a sick child at 2 p.m. Tuesday, your child may not attend care on Wednesday. A child may return after a doctor determines in writing that the child's illness is not contagious. Again, the child needs to be symptom free for 24 hours.



Three questions to consider when determining if you should keep your child home are: Does the illness prevent my child from participating comfortably in the daily activities? Does the illness make my child have a greater need for care than the teachers can manage without compromise to the care of the other children in the group? Does my child have a condition that is likely to expose others to a communicable disease? A "yes" response indicates that you should keep your child home. Thank you for keeping all of us healthy.

Winter Weather Outdoor Play

With another winter upon us, it seems like a good time to review the Center's plan for outdoor winter activities.

We are required to take the children outdoors on a daily basis, weather permitting. Air temperature and the wind chill factor are combined to determine if it is safe to play outdoors. We consider temperatures above 30* safe for regular outdoor play. At 20*, children may venture outside but for an abbreviated time. Dressing for the weather is extremely important. Please provide a hat, mittens, snowpants, boots and a scarf for your child to protect them from the cold. (Don't forget to label them!)

All children are expected to participate in routine activities each day, including outdoor play. Children who are well enough to attend the Center are considered well enough to go outdoors. We look forward to a fun-filled winter season!



Winter and Spring Dates for Center Closing

Just a quick reminder of the days the center will be closed so you can update your 2018 calendars.

January 21-Dr. Martin Luther King, Jr. Day

February 18-President's Day

April 19-Good Friday

April 26-Professional Development Day

May 27-Memorial Day

July 4-Independence Day

Pajama Day January 18



We have had so much fun at our past jammie days that we decided to make them annual events! Please bring your child to school in his/her pajamas on Friday, January 18th. We plan to read stories and sip cocoa while chilling out in our comfy and cozy jammies. The teachers plan to wear their pajamas as well. Teddy bears are welcome!



Expressive Arts Time Schedule Changes


Our Expressive Arts schedule has been updated. Please note that Morning Meeting is now at 8:45 AM on Mondays to accommodate an earlier start time for enrichment classes. Breakfast will also be earlier on Mondays.

Enrichment Schedule Winter/Spring 2019

	Monday	Tuesday	Wednesday	Thursday	Friday		
	Spanish	Art or Yoga	Signing & Stories	Art or Yoga	Music	Signing & Stories	Chapel Music
8:45-9:00	Morning Meeting						
9:00-9:25	Penguins	Starfish	Penguins	Penguins	Penguins		Chapel 9:30
9:30 - 9:55	Penguins	Turtles	Penguins	Penguins	Penguins	Chicks 9:30	Chicks 9:30
9:55 - 10:20	Penguins	Turtles	Penguins	Penguins	Penguins	Butterflies 10:00	Butterflies 10:00
10:20 - 10:45	Penguins	Pandas	Penguins	Penguins	Penguins	Turtles 10:30	Turtles 10:30
10:45 - 11:10	Seahorses	Pandas	Seahorses	Seahorses	Seahorses	Pandas 11:00	Pandas 11:00
11:10 - 11:35	Seahorses		Seahorses	Seahorses	Seahorses	Pooh Bears 11:30	Pooh Bears 11:30
11:35 -12:00						Starfish 12:00	Starfish 12:00
12:00-12:25	Starfish	Starfish				Starfish 12:20	Starfish 12:20
3:00 - 3:30	Whales		Whales	Whales	Whales		
3:30 - 4:00	Whales		Whales	Whales	Whales		
4:00 - 4:30	Whales		Whales	Whales	Whales		
4:30 - 5:00	Starfish						

Please note: Enrichment Schedule is subject to change

January Lunch Menu 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 CENTER CLOSED	2 Ham or turkey sandwich, carrots and oranges	3 Tortellini soup w/ roll and cucumbers and apples	4 Chicken , roll and green beans and peaches
7 Chicken Alfredo w/ pasta broccoli and oranges	8 Bean soup, carrots and apple	9 Beef macaroni, peas and cantaloupe	10 VIP MICHAEL K. Chicken, mashed potatoes, pears and broccoli	11 Fish and chips, carrots and pears
14 Ham and potatoes and green beans	15 Tortellini w/ red sauce, green beans and oranges	16 Dirty rice and green beans and cantaloupe	17 VIP ABBY B. Tomato soup, grilled cheese and strawberries	18 Chicken patty on a bun, cucumbers and apples
21 CENTER CLOSED	22 Chicken and dumpling soup, carrots and apple	23 Spanish rice w/ ground chicken, peas and cantaloupe	24 VIP HEATH Orange chicken w/ broccoli and oranges	25 Hamburger and fries, carrots and apples
28 English muffin pizza, cucumbers and grapes	29 Cabbage casserole soup, carrots and apples	30 Chicken and rice, mixed veggies and oranges	31 VIP ANDREW Chicken, banana and cucumber	



Organic fat free milk is served with lunch for children on the second floor.
Organic whole milk is served to children on the first floor.

Menu is subject to change.